

ALTO SAXOPHONE LESSON 4

VID LINK: [Lesson 4](#)

HOW TO USE THIS SHEET

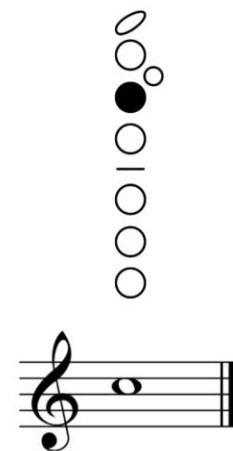
To get the most out of these lessons first watch each segment of the video. Pause the video wherever you need to and slowly go through the exercises yourself before going on. As you practise the work use the video as a reference but spend most of your time playing slowly and patiently off this pdf. Once you feel confident return to the video and try to play along with me! If you can more or less keep up you may be ready for the next lesson.

THEORY

A new time signature $\frac{2}{4}$. This means there are 2 Crotchet beats per bar.



NOTE FINGERING



TONE

- Breathe in as deeply as you can and play C for 7 seconds. Tongue the beginning.
- Try to expel all your air by the end of 7 seconds.
- Repeat this 5 times each practise.
- If you run out of air early try to let your air out more slowly.

1 2 3 4 5 6 7



SIGHT READING FROM LESSON 3



EXERCISES

1.



2.



3.



4.



5.



6.



7.



8. Sight Reading - St Margarita's Lullaby



PRACTISE TIPS

Things are getting a little trickier now and its time we talk about efficient ways to practise. These three guidelines will help you practise effectively. Keep them in mind at all times.

1. **Go slow enough that it is easy.**
2. **Break it into smaller bits so that it is easy.**
3. **Repeat the correct version so many times that there's no way you'll make a mistake when you come back to it.**

Let's take Exercise 7 as an example.

1. **Stop** when you make a mistake.



2. **Focus** only on the mistake and repeat it **SLOWLY** many times.



3. Add on more of the phrase.



4. Keep adding on small bits until you are playing the entire line again.

