

# ALTO SAXOPHONE LESSON 2

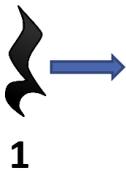
VID LINK: [Lesson 2](#)

## HOW TO USE THIS SHEET

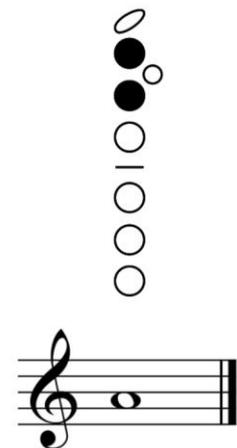
To get the most out of these lessons first watch each segment of the video. Pause the video wherever you need to and slowly go through the exercises yourself before going on. As you practise the work use the video as a reference but spend most of your time playing slowly and patiently off this pdf. Once you feel confident return to the video and try to play along with me! If you can more or less keep up you may be ready for the next lesson.

## THEORY

A CROTCHET REST holds for 1 beat of silence



## NOTE FINGERING



## TONE

- Breathe in as deeply as you can and play A for 5 seconds. Tongue the beginning.
- Try to expel all your air by the end of 5 seconds.
- Repeat this 5 times each practise.
- If you run out of air early try to let your air out more slowly.

1 2 3 4 5



## SIGHT READING FROM LESSON 1



## EXERCISES

1.



2.



3.



4.



5.



6.



7.



8. Sight Reading



## PRACTISE TIPS

Practising an instrument is like training for sport. You need to build your muscles and your reflexes just as much as train your mind. Only regular, consistent practise can do this.

A soccer player doesn't train by just playing games but rather builds strength in the gym and technique in drills like dribbling, passing, and shooting. Likewise we won't be at our best if we only play pieces. We've also got to spend our time with regular drills which improve the finer points of our playing such as tone, stamina, and control.

This means 10 mins each day of the week is far better than 70 mins one day of the week. It's better to spread out our practise into shorter bursts that enable our muscles and our memory to reinforce what they've learnt, not to do only one marathon practise.

This means your best route to quick improvement is to practise every day. The closer you are to this the quicker you will improve. Even if you can play a piece or exercise well don't stop working on it. You can only make it cleaner, more confident, faster and better.